



**Organization:** [Bethell Hospice](http://bethellhospice.org)

<http://bethellhospice.org/about-bethell-hospice-and-palliative-care/>

Bethell Hospice is a non-profit organization that provides exceptional and accessible palliative care services to individuals and families facing life-limiting illnesses in the Caledon, Brampton, Dufferin County and West Woodbridge regions of Ontario, Canada.

Palliative care is an approach that focuses on providing quality care and comfort to individuals suffering from life-limiting illnesses, ensuring that the highest quality of life is achieved until the end of life. Comfort and care is also provided to families in the form of various services including bereavement support.

At Bethell Hospice, all of our services and community programs are provided at no cost including our core service, the residential care program for individuals with life-limiting illnesses.

**Location:** 15835 McLaughlin Road, Inglewood, ON L7C 1H4

**Accessibility to Public Transit:** No. Bethell Hospice is located just minutes north of Brampton in Inglewood, Bethel House is a ten bed residential hospice staffed by an inter-professional team of healthcare professionals supported by a large volunteer team.

**Dates & Times:**

The evenings, after 6 p.m., during the week of May 15-19 or weekend offering (May 20-21) in order to not take away them from their day jobs.

**Coaching request:**

**Initial Target Group:** The Board Members

<http://bethellhospice.org/our-team/bethell-hospice-board-of-directors/>

**Approximate number of people from Bethell Hospice interested in participating – 5 to 8**



**Organization:** [Covenant House  
www.covenanthousetoronto.ca](http://www.covenanthousetoronto.ca)

As Canada's largest homeless youth agency, Covenant House Toronto changes lives by providing the widest range of services and support under one roof. A national leader, they educate and advocate for change to help at-risk, homeless and trafficked youth by influencing public policy and delivering prevention and awareness programs. More than a place to stay, the agency serves youth through their 24/7 crisis shelter and transitional housing on-site and in the community, as well as with our comprehensive services, including education, counselling, health care, employment assistance, job training and aftercare. As many as 250 youth a day use their residential and support services.

They work to help homeless youth move from a life on the street to a life with a future. Since 1982, Covenant House has served more than 90,000 young people.

**Expectations for the outcome of the event**

To increase productivity, create self awareness and increase positivity of the individuals.

**Location:** 20 Gerrard St. E., Toronto, ON M5B 2P3

**Accessibility to Public Transit:** TTC stops on Yonge intersection Gerrard Street East Bus #97 and 210. Nearest Subway station is College 4 mins walk on Yonge towards Gerrard St. E.

**Date & Time:**

Thursday, May 18<sup>th</sup>, 1:00 p.m. to 4:00 p.m.

**Organization:** [Covenant House \(continued\)  
www.covenanthousetoronto.ca](http://www.covenanthousetoronto.ca)

**Coaching request:**

Target group: Employees

**Approximate number of people from Covenant House interested in participating – 5**



**Organization:** Elizabeth Fry  
<http://www.efrytoronto.org>

The only social service agency in Toronto with a specific mandate to provide programs and services for and about women in conflict with the law. Offers individual and group counselling, crisis intervention, release planning, referrals, transitional housing, and community education.

Elizabeth Fry relies on the support of committed volunteers who provide a number of services, including administrative/office support, one on one mentorship, court support and accompaniment, resource development, fundraising and events-based support.

**Location:** 215 Wellesley St. East, Toronto

**Accessibility to public transit:** Yonge and Wellesley subway stop, take the Wellesley bus east to just past Sherbourne.

**Dates and times:**

Monday, May 15<sup>th</sup>, 5:00 p.m. to 8:00 p.m.

Tuesday, May 16<sup>th</sup>, 9:00 a.m. to 12:00 p.m.

Friday, May 19<sup>th</sup>, 9:00 a.m. to 12:00 p.m.

**Coaching request:**

Elizabeth Fry volunteers interested in participating support the following programs:

- **College Park Court Support Program** provides one-to-one friendly assistance for women attending court. The volunteers make the process as simple as possible while ensuring that women are referred to legal and other community resources they may need throughout this difficult process.
- **Skills Building and Leisure Program** at Vanier Centre for Women in Milton. This program serves women that have experienced trauma, addiction and mental health challenges. These issues are exacerbated by prolonged institutionalization and the withdrawal of familial support. Our volunteers run sessions to assist in developing life and interpersonal skills to assist in reintegration into the broader community once released.
- **Talk and Listen Phone Support Program** assists in addressing the emotional, practical and immediate needs of women incarcerated provincially and federally.

In addition to being a certified coach, it would be helpful to have an understanding or sensitivity to injustices to women i.e. women who have experienced domestic violence, poverty, homelessness, substance abuse, addictions etc.

**Approximate number of people from Elizabeth Fry interested in participating - 18**



**Organization:** Ernestine's Women's Shelter  
<http://www.ernestines.ca>

Ernestine's Women's Shelter, an organization run by women, provides support and shelter for women and children escaping violence. The organization assists women and children in rebuilding their lives by providing crisis intervention and a range of holistic support services, while acknowledging the multitude of issues facing survivors of abuse.

Ernestine's adapts its services to honour diversity and the unique needs of the individual. It promotes awareness, education and advocates for early intervention and prevention.

**Location:** One bus away from Kipling Station

**Accessibility to public transit:** Yes

**Date and time:**

Thursday, May 18th, 10:00 a.m. to 1:00 p.m.

**Coaching request:**

In addition to being a certified coach, it would be helpful to have an understanding of or sensitivity to women and their children who have experienced abuse in their relationships.

**Approximate number of people from Ernestine's Women's Shelter interested in participating – 8 front line staff, coordinators and managers**



**Organization:** [Parya Trillium Foundation](http://parya.org/index.php/en/contact-us/online-ticket)  
<http://parya.org/index.php/en/contact-us/online-ticket>

Parya is the pre-eminent cultural organization with a focus on the Canadian-Iranian community in the Greater Toronto Area. The Canadian-Iranian community numbers around 100,000 in the GTA and is concentrated in North Toronto and Southern parts of York Region with special reference to Richmond Hill, Thornhill and Markham. Parya is located in Markham in the very heart of the geographical communities populated by the Iranian community resulting in its transforming very quickly into the cultural and social heart of the community. In addition to a wide range of programming aimed at the Iranian community, Parya has also emerged as a meeting point for various other cultures. It has been built by Iranians but it serves and welcomes all community members. Parya has successfully endeavoured to diversify its programming throughout the years to respond to community needs of more than 1000 members in a year.

**Location:** 344 John Street, Markham (John and Bayview Ave.)

**Accessibility to Public Transit:** Would have to take the subway to Finch and then use Markham transit

**Proposed Dates & Times:** TBD

**Coaching request:**

- For members, volunteers and job seekers in the Newcomer to Canada program.
- Coaches need to be fluent in Farsi.

**Approximate number of people from Parya interested in participating - 4**



**Organization:** [Sistering](http://www.sistering.org)

[http://www.sistering.org/About\\_Us/About\\_Us.aspx](http://www.sistering.org/About_Us/About_Us.aspx)

A women's organization servicing homeless, marginalized, low-income women in Toronto that offers practical and emotional support through programs which enable them to take greater control over their lives. Guided by the principles of Anti-Racism/Anti-Oppression, Sistering works to change social conditions which endanger women's welfare.

"Supporting women in extraordinary circumstances"

**Location:** 962 Bloor Street West, M6H 1L6

**Accessibility to public transit:** Bloor Street, two blocks west of the Ossington station on the Bloor subway line.

**Proposed Dates and times:** TBD

**Coaching request:**

- One or 2 coaches certified in ORSC or other group coaching methods to work with 7 or 8 supervisors who are each responsible for their own program area.
- There may be common issues that could be addressed. The organization has just become unionized and is starting to introduce the process within the organization.
- Considering a 2 hour group coaching session.
- Sensitivity and familiarity to the client group employees work with - people who have traumatic histories, and have addiction issues, mental illness, etc. (an orientation to the organization for the coaches in advance will be offered).

**Approximate number of people from Sistering interested in participating - 8**



**Organization:** [Toronto Foundation](https://torontofoundation.ca/about-us/)  
<https://torontofoundation.ca/about-us/>

Established in 1981, Toronto Foundation is a registered charity and one of 191 Community Foundations in Canada. We pool philanthropic dollars and facilitate charitable donations for maximum community impact. Our individual, family and organizational funds number more than 500 and we administer over \$400 million in assets. Through strategic granting, thought leadership, and convening, we engage in city building to strengthen the quality of life in Toronto. We also offer a community of like-minded people for those who want to make connections, learn and amplify their impact by collaborating with others.

**Location:** 33 Bloor Street East, Suite 603, Toronto

**Accessibility to Public Transit:** Yes, Yonge and Bloor

**Date & Time:**

Tuesday, May 16<sup>th</sup>, 1:00 p.m. to 4:00 p.m.

**Approximate number of people from Toronto Foundation interested in participating - 5**



**Toronto**  
Chartered Chapter

**Organization:** Tropicana Employment Center  
[www.tropicanacommunity.org](http://www.tropicanacommunity.org)

**Mission Statement:**

Tropicana Community Services, a Toronto-based multiservice organization, provides all youth, newcomers, people of Black and Caribbean heritage and others in need with opportunities and alternatives that lead to success and positive life choices. Our mission is achieved through culturally appropriate programs such as counseling, child care, educational and employment services and youth development.

**Our Vision:**

Communities in which all individuals have equal access to opportunities to reach their goals.

**Core Values:**

- **Integrity:** Our integrity is never compromised. Our success is a reflection of our diverse, dedicated and skilled staff and volunteers who take pride in their work. They conduct themselves in a manner that is in line with our belief of making a positive contribution to our society.
- **Respect for the Individual:** Our commitment to excellent service demands that we show consideration for the individual and that we be courteous, fair and sensitive in our dealings with each client, staff member and volunteer.
- **Social Responsibility:** Our conduct is pursued in a manner that is socially responsible and earns respect for our many contributions to society. We are committed to improving the success of the programs and to be responsive to the community we serve.

**Location:** 1385 Huntingwood Drive, Scarborough, ON M1C 5G1

**Accessibility to Public Transit:** Yes, Scarborough Town Centre LRT then McCowan 129 bus  
Closest intersection – McCowan and Huntingwood.

**Date & Time:**

Wednesday, May 17<sup>th</sup>, 9:30 a.m. to 12:30 p.m.

**Coaching request:** employees – most likely managers, supervisors, coordinators

**Approximate number of people from Tropicana Employment Center interested in participating – 12**