

**June 15, 2011 ICF-GTA Member Meeting**  
**The Anatomy of a Long Term Coaching Relationship**  
**Speaker Bios**

**Lisa Schmidt:**

Lisa is a professional coach and is Director of Organizational Development at CAMH.

Following a wide-ranging career in fashion (making custom 'trick' clothing for magicians), literature (as a speech-writer, spoken-word artist and book reviewer) and retail (selling books, shoes and lobsters – but not all at once), Lisa Schmidt believes if you do what you love and follow your instincts, you will find work that both meets your needs and the needs of the world.

This is what has led her to try several careers, first in communications and graphic design, then (briefly) in hospital administration and now in coaching, facilitation and leadership development. Her education is equally varied, with a bachelor's degree in Food Science from McGill University (Montreal), a diploma in Book and Magazine Publishing from Centennial College (Toronto), an M.Ed. in Organizational Change from OISE/U of T and her Professional Coach training at Adler International.

An advocate of life-long learning and trying new things, Lisa spends her free time traveling and learning how to silversmith, rock climb and play hockey. She hopes she will eventually lose her fear of jellyfish so she can learn to scuba dive.

**Lorne Ellingson:**

Lorne is a professional coach, management consultant, speaker and teaches in the Department of Indigenous Studies at Trent University. He is the author of *Conversations that Matter: A path to personal and professional growth*. He also has a blog on transformational learning: (<http://transformationallearning.tumblr.com>).

He has worked in the Ministries of Finance and External Affairs in the Government of Canada, the World Trade and Merchant Banking Group of the Royal Bank of Canada and Ernst and Young. He was a founding partner of Toronto Consultants International and now has his own firm, Creative Interactions. He holds Masters degrees from Simon Fraser and Manchester Universities as well as numerous professional certifications related to his work.

He coaches individual executives, board chairs and teams and focuses on helping his clients to have the conversations that matter in furthering their personal and professional development. His approach to coaching and teaching is one of drawing out the potential of the individual and the group and has been influenced by his practice of Zen Buddhism, Tai Chi, his research into transformational learning and his constant learning from his students.

At Trent University he teaches courses on the Foundations of Aboriginal Learning, Indigenous Community Development, The Meaning of Work in Contemporary Society and the importance of Indigenous Wisdom in addressing 21<sup>st</sup> Century issues. These courses combine a coaching methodology with Aboriginal approaches to learning and growth.